

The Christian Marriage

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Praising the Good in Your Marriage

Let your **Marriage and Home** be a safe place. Not a place of argument and strife. It is so easy to dwell on the negatives, it takes very little energy at all.

The Christian Husband and Wife need to exercise some Spiritual Strength and Focus on the Good and Lovely aspects of their Marriage.

Negativism breeds more negativism. **But being Positive** lays the Foundation for Positive Growth and Progress in the Relationship.

Now let's listen to some Advice from the Apostle Paul to Christians in distress. **Philippians 4:4-9 Rejoice in The**



Lord always: again I will say, Rejoice. **Let your forbearance** be known unto all men. **The Lord** is at hand. **In**

nothing be anxious; but in everything by prayer and supplication with thanksgiving let your requests be made known unto GOD. And the peace of GOD, which passes all understanding, shall guard your hearts and your thoughts In Christ JESUS.



Finally, brethren, whatsoever things are True, whatsoever things are Honorable, whatsoever things are Just, whatsoever things are Pure, whatsoever things are Lovely, whatsoever things are of Good report; if there be any Virtue, and if there be any Praise, Think on these things.

The things which ye both learned and received and heard

and saw in me, these things do: **and the GOD of peace shall be with you.**

Now lets look closely at some of these Virtues prescribed:

Forbearance is **moderation**, instead of strong reaction against your spouse.

Forbearance is **gentleness**, instead of harshness of action or speech.

Forbearance is **sweet reasonableness** the ability to speak and act within reason. **Not tearing your spouse down.**

Not Anxious, means not having a distracting care.

This can include not being distracted from your spouse because your heart cares TO MUCH for another instead.

Thanksgiving is expressing gratitude and this gratitude needs to be expressed to and for **Your Spouse.....**

